

# 's Sacred Contract

## Chart of Origin interpretation prepared by Jenna Hiott

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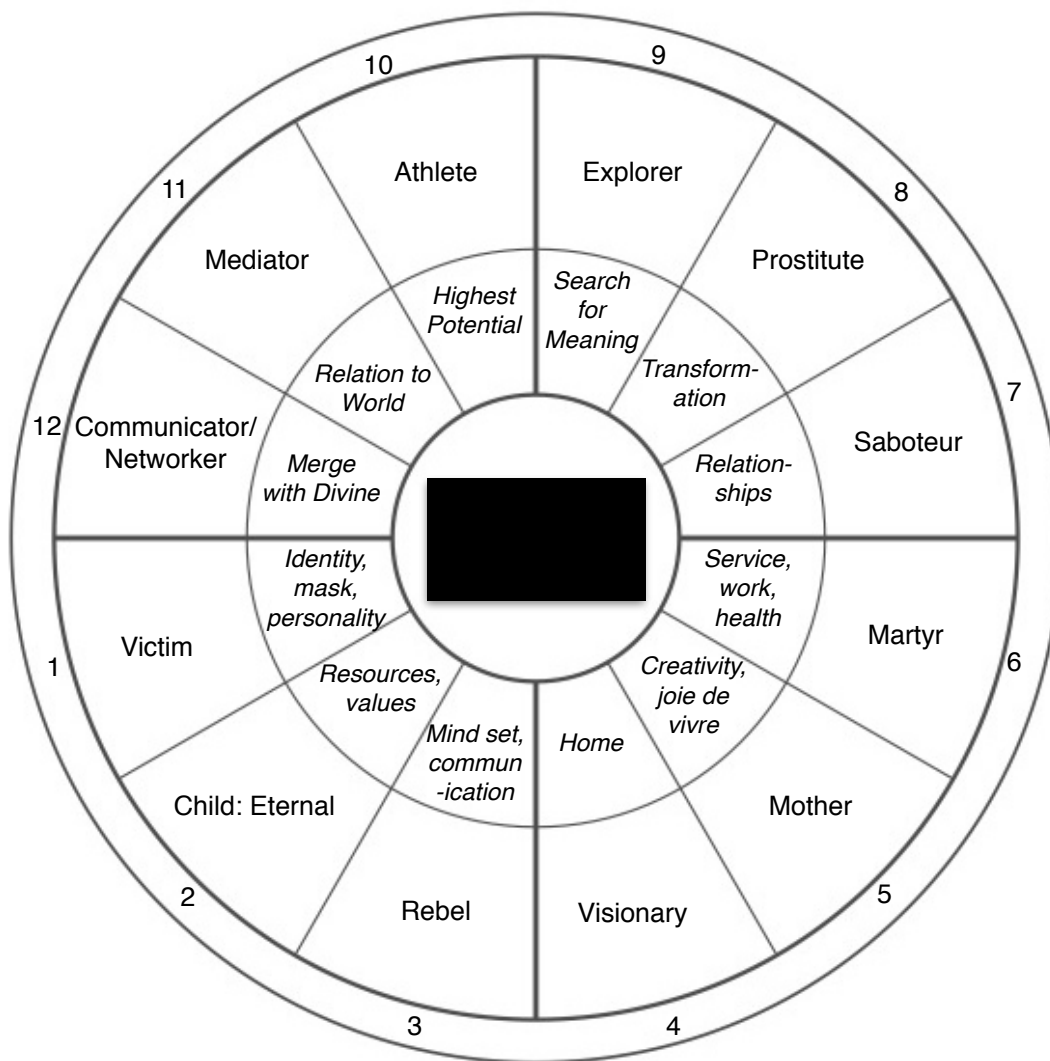
Your sacred contract is a blueprint for your life. It's like an outline to help you live your life to the fullest and to heal what needs to be healed. Encoded within your sacred contract are your archetypes, your patterns of power through which you experience your life. Although there are an infinite number of archetypes and we are each connected to all of them, we have twelve that we relate to most in order to navigate our lives. Each of these twelve archetypes governs a certain aspect of our lives and so it resides in one of the twelve houses of the archetypal wheel.

Of the twelve archetypes—who will soon become your most intimate friends—there are four that are universal to everyone. These are the survival archetypes: the Victim, the Prostitute, the Saboteur and the Child. You can think of these four as the legs of the table that is your life. They are your foundation, and all four are in some way related to self-esteem. They are extremely powerful archetypes and worth special consideration.

All archetypes are neutral. They each have a positive power aspect and a disempowering, or shadow, aspect to them. You become empowered when you “own your own shadow” by shining the light of awareness on the shadow aspects of your archetypes. Just remember that all archetypes are neutral patterns, even if their names evoke a negative or positive response within you.

Below is a copy of your Chart of Origin—which is the foundation of your sacred contract—and my interpretations of your chart. There are layers upon layers of information that can be gleaned from a Chart of Origin. As this is your initial exposure to it, I will keep my interpretations as simple and straightforward as possible. If we continue on in our work together, I may delve even deeper into the chart. If, at any time, you have questions, please feel free to contact me.

# CHART OF ORIGIN



## CHAKRAS

1. Victim, Visionary, Mediator
2. Child, Mother, Martyr, Saboteur, Prostitute
3. Victim, Rebel, Athlete
4. Visionary, Mother, Saboteur, Mediator
5. Rebel, Athlete
6. Rebel, Mother, Prostitute, Explorer, Mediator, Communicator
7. Explorer, Athlete, Communicator

## TRIADS

- Relationships (3, 7, 11 air) — Rebel, Saboteur, Mediator
- Manifesting (2, 6, 10 earth) — Child, Martyr, Athlete
- Expression of life force (1, 5, 9 fire) — Victim, Mother, Explorer
- Feelings (4, 8, 12 water) — Visionary, Prostitute, Communicator

## OPPOSITIONS

- 1 & 7 — Victim/Saboteur
- 2 & 8 — Child/Prostitute
- 3 & 9 — Rebel/Explorer
- 4 & 10 — Visionary/Athlete
- 5 & 11 — Mother/Mediator
- 6 & 12 — Martyr/Communicator

# 1st House: Victim

The first house is the house of identity. This is the house that governs how we see ourselves, how others see us, and how we want others to see us. Because the way we want others to see us may differ from our true nature, this can also be the house that governs the masks we wear.

You have the Victim in your 1st house. The Victim is one of the survival archetypes and is considered the Guardian of Self-esteem and Self-empowerment. When your Victim archetype is fully empowered, you are completely aware of your ability to create your perception of life, and know that there is nothing that has power over you. The shadow Victim lives a life at the mercy of outside forces.

With the Victim in the 1st house, there is a lot of powerful energy in the realm of your self-awareness. If your Victim is in the shadows, this powerful energy may be covered by a mask. You may see yourself in the role of perpetually being controlled by situations and people outside of yourself; as though you are not the one in the driver's seat. Others may see you this way too, though more likely—because the Victim falls in your 1st house—they see another one of the masks you have created. This mask might look like someone who is easygoing or willing to go with the flow. If this is the case, one way to bring your Victim into the light, would be to get really honest with yourself and ask: Am I really this easygoing or is that an excuse to give up control of the situation?

With the Victim—the Guardian of Self-esteem and Self-empowerment—in your 1st house, your path to health and wholeness will involve getting to know, accept and love the real you. This will be a journey of removing your masks and taking up the reins (or reigns) of your life. If you identify most with the shadow Victim, you will benefit from coming to an understanding that, by not allowing your true nature to shine, the one who victimizes you the most is you. When you come to fully realize that you are the creator of every moment of your life, you will experience true empowerment and healthy self-esteem. You will feel good about yourself and know self-love. Your identity is meant to be one of empowerment.

To help you grow your relationship with your Victim archetype, ask yourself the following questions:

- Do I blame others for the circumstances of my life?
- Do I spend time in the pit of self-pity?
- Do I envy others who always seem to get what they want out of life?
- Do I feel victimized when situations don't work out the way I wanted them to?
- Do I tend to feel more powerless than powerful?
- In every situation, ask your Victim “What choice can I make that will serve my own empowerment?”
- What are your favorite forms of self-pity? (so that you can begin recognize your own shadow Victim when it crops up)
- Think of times when you have been a victim as well as when you have been a victimizer (through manipulation, force, or other means).
- What do you most like to give your power to?

## 2nd House: Eternal Child

The second house is about resources and what we value, both materially as well as about ourselves. Self-esteem is also involved in this house as it is a reflection of how we value ourselves.

You have the Eternal Child archetype in the 2nd house. This is one aspect of the Child archetype, which is one of the four survival archetypes and is considered to be the Guardian of Innocence. The mature personality of the Child archetype nurtures that part of us that yearns to be lighthearted and innocent, expecting the wonders of tomorrow, regardless of age. This part of our nature contributes greatly to our ability to sense playfulness in our lives, balancing the seriousness of adult responsibilities. The balanced Child is a delight to be around because the energy that flows from this part of our personality is positively infectious and brings out the best in others, as well as in us.

The Child also establishes our perceptions of life, safety, nurture, loyalty, and family. Its many aspects include the Wounded Child, Abandoned or Orphan Child, Dependent, Innocent, Nature, Eternal, and Divine Child. These energies may emerge in response to different situations in which you find yourself, yet the core issue of all the Child archetypes is dependency vs. responsibility: when to take responsibility, when to have a healthy dependency, when to stand up to the group, and when to embrace communal life. Each of the variants of the Child archetype is characterized by certain tendencies, including shadow tendencies.

The empowered traits of the Eternal Child manifest as a determination to remain young in mind, body and spirit. These are people who never lose their playful spark and silliness is the order of the day. The empowered Eternal Child is able to maintain this healthy attitude while still being responsible for herself and her own life.

The shadow Eternal Child often manifests as an inability to grow up and embrace the life of an independent adult. This can look like someone who has an extreme dependence on another as well as someone on whom no one else can rely. The shadow Eternal Child may also possess the inability to accept the aging process.

With the Eternal Child in the 2nd house, you place a lot of value on playfulness and the fun side of life. In fact, you probably feel that these are essential ingredients to a fulfilled life. Because of this, it is important that you invite this lighthearted energy into your life and seek out sources of laughter. Going without it could lead to depression or an all-out Eternal Child tantrum. By accepting and celebrating these values of yours, you also empower your Victim because you are claiming a vital part of yourself.

If your Eternal Child still has some growing up to do (i.e. is displaying her shadow traits), you may have an over-dependence on others, especially in terms of material security.

## 3rd House: Rebel

The third house governs one's mind-set; the way one learns and thinks. It also governs communication and the way we enter into new situations.

You have the Rebel in the 3rd house. The Rebel is an archetype whose motto is usually: "I'm going my own way." As a culture, we have an ambivalent relationship with the Rebel. On the one hand, Rebels can be troublemakers that buck the system. On the other hand, however, we revere the Rebels in our midst: making heroes out of outlaws and naming holidays for political Rebels such as Martin Luther King, Jr. and even Jesus. To quote Caroline Myss (creator of the Sacred Contracts concept), "Everyone worth their salt is a Rebel in some regard."

The empowered Rebel moves through life with a solid understanding of her own beliefs. Should her beliefs differ from those of the tribe (whether that's family, social groups, the nation or even the human race), she will always choose her own truth, and never be swayed by outside pressure. In this way, Rebels are often the change-makers of society.

It takes genuine courage to hold fast to one's truth regardless of what the tribe is doing. Sometimes those with the Rebel archetype are not willing or able to step up to this challenge and so they manifest the shadow traits of the Rebel. Sometimes these traits manifest as those who rebel for the sake of rebellion alone. Other times, the shadow Rebel, so afraid of rejection by the tribe, will keep her own truths hidden, even from herself. In either case, conformity born of fear is the norm for the shadow Rebel.

With the Rebel in your 3rd house, you likely approach life with what appears to be a natural curiosity as you question most everything you encounter. You weigh everything you learn against your own truths. Whether you voice it or not, you probably approach all authority figures with caution, and are likely to set about questioning them as well. You may often think the phrase "Don't boss me."

Because this archetype is in your 3rd house, your basic mind-set and the way you communicate with others comes from a place of rebellion. You do not blindly accept others' truths as your own. If you find that your Rebel is still in the shadows, the lesson is here is to get to know your own truth through this built-in tool of questioning authority, and then let your Rebel flag fly. Express your disagreement with the status quo (always respectfully, of course) and feel your own empowerment rushing in.

## 4th House: Visionary

The fourth house is all about the word 'home.' This means our present, physical home as well as those things in life that make us feel 'at home.' The fourth house also governs our childhood homes; our roots and heritage; our families of origin.

You have the Visionary in your 4th house. The Visionary archetype helps you to see possibilities that are beyond the scope of your individual life; those that could benefit all of society. The Visionary is able to see the outcomes of choices not yet made. Just as with the

Rebel, the Visionary is an archetype that often faces the possibility of rejection by the tribe in order to express her truth.

The enlightened, or empowered Visionary, possesses a willingness to proclaim her vision without regard for personal gain or the judgement of others. On the other hand, the shadow traits of a Visionary often manifest as one who sells her vision to the highest bidder or one who alters or hides her vision to make it more acceptable to society.

With the Visionary in the 4th house, you likely come from a long line of Visionaries or Seers, though it's possible this is something that was never discussed. Your emotional security comes from this sense of being able to see the big picture and several steps ahead. You have gift and, although you may not have embraced it nor even realized it, you are nurtured by this gift. I would strongly recommend that you undertake exercises to build your connection to your intuition and I am happy to help you in this regard.

## 5th House: Mother

The fifth house governs creativity, recreation and play. It is all about pleasure and bliss. This house governs what the French call the "joie de vivre", or the joy of living.

You have the Mother archetype in your 5th house. The Mother is the life-giver, the source of nurturing and nourishment, the fountain of love, patience, caring, devotion, and unselfish acts. This archetype is the keeper and protector of life. The power of compassion and the endless capacity to forgive her children are essential the Mother archetype.

The empowered Mother knows how to balance her own needs with those of her children. She also knows when it is time to let her children go. The shadow traits of the Mother archetype manifests in one who smothers her children and also one who prevents her children from becoming independent through guilt, manipulation or other means.

With the Mother in the 5th house, you simply find great joy in nurturing others, whether they are your own children, friends, or even new acquaintances. Through this, you have a gift of bringing out the best in them. This nurturing, motherly energy is also a source of creativity for you and you probably find satisfaction in things like cooking and decorating. Because you also have the Eternal Child archetype, you likely bring a sense of fun and play into your mothering abilities, which can make even a perfect stranger feel wonderfully at-home around you.

Because this is the house of the 'joy of living' it is important that you allow yourself to find things to bestow your 'need to nurture' upon. Since it also the house of creativity, you might find joy in nurturing your creative endeavors.

Be sure to know your limits, though, and watch for a tendency to put others' needs before your own. A good Mother is one who takes care of herself first.

## 6th House: Martyr

The sixth house is the house of service. It is this house that governs the work we must do within the system in which we live. It often involves routines and duty, and sometimes we dislike the work we have to do. It is also the house that governs our health, because part of the work we must do is take care of our bodies. This house asks the question: What do I serve?

You have the Martyr in the 6th house. The Martyr is an archetype who has the courage to represent and defend a cause, even if it means suffering to do so. This is a truly Divine archetype and you are in the company of people like Joan of Arc, Gandhi and—perhaps the most famous Martyr of all—Jesus. Each of these people suffered and even died to defend their causes. While you may have a tendency to look outside yourself for a cause to put your energy behind, the truth is: the greatest cause to defend is YOU.

The empowered Martyr is one who is willing to suffer, if necessary, in order to learn the transcendent nature of service to oneself. The shadow Martyr is one who calls attention to his or her suffering in order to receive some sort of external validation from others. It can also manifest as one who is addicted to self-pity.

With the Martyr in the 6th house, you have been called to do the work necessary—even if it means suffering—to represent and defend that cause that is you. This means being willing to bare yourself completely; strip off all your defenses; and stand naked before your own scrutiny. This is about having the stamina and endurance to get to know and love yourself and defending against things that would stand in your way, such as a preference to numb out on things like drugs, alcohol or food; or distract your mind with busy-ness or T.V. Because this is the 6th house energy, you might feel like doing anything other than putting effort into yourself, but this is the work you have been called to do and your fulfillment in this life depends on it. So, repeat after me: “What do I serve? I serve my own soul.”

## 7th House: Saboteur

The seventh house governs one-on-one relationships and partnerships. This can include marriages, close friendships and business partnerships.

You have the Saboteur in the 7th house. The Saboteur is another of the four survival archetypes and is the Guardian of Choice. This may be the most difficult of all the archetypes to understand, because its name is associated with betrayal. Yet the purpose of this archetype is not to sabotage you, but to help you learn the many ways in which you undermine yourself. How often do you set new plans in motion, only to end up standing in your own way because of the fears that undermine those optimistic plans? Or maybe you begin a new relationship and then destroy it because you begin to imagine a painful outcome. There are countless examples of how we sabotage ourselves. What are some of your favorite ways?

The Saboteur's issues are all related to the fear of change, which can cause you to make choices that block your own empowerment and success. As with the Victim and Prostitute, you need to face this powerful archetype, that we all possess, and make it an ally. When you do, you will find that it calls your attention to situations in which you are in danger of

being sabotaged, or of sabotaging yourself. Once you are comfortable with the Saboteur, you learn to hear and heed these warnings, saving yourself untold grief from making the same mistakes over and over. Ignore it, and the shadow Saboteur will manifest in the form of self-destructive behavior or the desire to undermine others.

With the Saboteur in the 7th house you are likely guided by a fear of change when it comes to your close relationships. Have you found yourself in relationships that no longer serve either partner, but you remain there out of a fear of change? Bringing your Saboteur into the light is one of the most powerful things you can do for yourself. When you release your fear of change—which is another way of saying a fear of the unknown—you embrace your power of choice. You know that, in every moment, you can choose what feels best to you and you are no longer a slave to the never-ending question: 'What if?'

## 8th House: Prostitute

The eighth house is the house of transformation. It includes renewal, growth and change as well as sex and death (both literal and symbolic death). Because this is the house of change, it also relates to how we deal with other people's power and resources.

You have the Prostitute in your 8th house. The Prostitute is another one of the four survival archetypes and is the Guardian of Faith. None of us thinks kindly of the term 'prostitute,' and yet from this archetype we learn the great gift of never again having to compromise ourselves. You may have already reached the point in which the Prostitute has become a mature part of yourself that circles you with a strong vibrational field that says, "Not for sale." The Prostitute archetype engages lessons in the sale or negotiation of one's integrity or spirit, due to fears of insecurity. It activates the aspects of the unconscious that are related to seduction and control, whereby you are as capable of buying a controlling interest in another person as you are of selling your own power. Prostitution should be understood as the selling or selling out of your talents, ideas, and any other expression of the self or your power in exchange for some form of security.

With the Prostitute in your 8th house, it is likely that you look for some sort of guarantee of security before undergoing any kind of transformation or change. There are many overlaps with the Prostitute in the 8th house and the Saboteur in the 7th house. Both address an underlying fear of change. There is no question that this is a potent undertaking for you.

To get to know your Prostitute better, ask yourself the following:

- How much am I willing to sell of myself for security?
- What are my favorite forms of selling out?
- Have I ever sold out to people or organizations that I did not truly believe in?
- Have I ever remained in an unhappy situation because of a desire for financial security?
- Have I ever put another person in the position of compromising him- or herself in order to gain power over that individual?
- Have I ever 'bought' another person's loyalty, support, or even silence, in order to have my way?
- Have I ever felt myself being pulled into a circumstance that would require me to sell out my ethics, but then found myself strong enough to say "no"?



## 9th House: Explorer

The ninth house governs our search for meaning in life. Here we find such things as philosophy, religion, and the journey to truth.

You have the Explorer in your 9th house. The Explorer archetype has a passion for going into wild and unknown lands to see what she can see. The empowered Explorer embraces this passion and finds true joy in the unknown. The shadow Explorer can manifest as either one who has a compulsive need to keep moving on or one who remains stagnant out of a fear of the unknown.

With the Explorer in the 9th house, your search for meaning will involve poking your head into places you've not gone before and—with the help of your Rebel—asking a lot of questions. This house is often called the house of spirituality and you could think of it as though it is a bridge between you and the deeper, spiritual meaning of your life. The archetype in this house stands on that bridge. Whether it is an obstacle or a guide is completely up to you.

This is now the third house/archetype pair that addresses a fear of change. Specific to the Explorer in the 9th house, ask yourself what it is you are afraid of. What do you think will change once you begin truly exploring your own spirituality?

## 10th House: Athlete

The tenth house is the house of highest potential. It governs career, vocation and achievement in the world. This house deals with whom or what you give authority over your life. More importantly, however, is that this is the house of our highest potential in each moment. All that really exists is the present moment, so ask yourself: What is my highest potential right now?

The Athlete represents the ultimate expression of the strength of the human spirit as represented in the power and magnificence of the human body. It is considered a creative archetype because working with body is a creative expression. It is also a very spiritual archetype. In our culture, an Olympian is considered to be an athlete at the top of his game, but, originally, an Olympian was a God: one of the Greek deities who lived atop Mt. Olympus. This spiritual power has never left the archetype of the Athlete.

The Athlete archetype should not be evaluated by whether your physical skill is on par with that of the professionals or whether your body is in perfect form or function. Rather, an Athlete is one who is dedicated to transcending limits and developing will power and strength of spirit. In this way, the body will manifest its perfection.

The shadow Athlete uses her Olympian strength of spirit to abuse and destroy her own body, oftentimes by refusing to recognize the Athlete within her.

With the Athlete in the 10th house, your highest potential in each moment is to honor your body. If your Athlete is empowered, you are likely to win contests or otherwise receive

recognition for your Athletic abilities. You may even find that a career in some form of athleticism is calling to you. If your Athlete is still in the shadows, begin by making small changes to honor your body. Get good at listening to what your body is calling for. This is certainly an area where Thetahealing could be beneficial. If that is something you are interested in, let me know.

## **11th House: Mediator**

The eleventh house is about our relationship to the global community. It involves collective endeavors, humanitarian ideals and the legacy we leave to the world.

You have the Mediator in your 11th house. The Mediator is one who smoothes relations between potentially antagonist groups or individuals. Naturally, this archetype possesses patience and the ability to read people and situations with great acuity. A good Mediator can see and respect both sides of an argument or cause, thereby bringing parties together. The shadow Mediator manifests as one who has a hidden agenda and words both parties for personal gain.

With the Mediator in the 11th house, you are being called to use your mediation skills in a big way. Look for opportunities to serve in this way within the groups you belong to and be open to discovering where this talent might lead.

## **12th House: Communicator/Networker**

The twelfth house is the most mystical of all the houses. It is where we experience complete union with the Divine and often there are things in this house that are as yet unseen in ourselves and our lives. This is the house where we can discover our hidden fears and, by bringing them to light, heal them and step in to the true essence of our being.

Much like the Mediator archetype, the Communicator or Networker is a unifying archetype. Through an innate ability to share information, this archetype brings people together. The shadow aspects of the Networker include the sharing of information only for personal gain or the outright spreading of false information.

With the Communicator/Networker in the 12th house, it is likely that your hidden fears will come to light through your interaction with the energy of this archetype. Do you have a fear of public speaking? Of giving advice to others or otherwise disseminating information?

Whatever your hidden fears may be, when you bring them into the light and heal them, your gifts as a communicator will shine. Through this, you will raise the vibration of the whole of humanity.

## Additional Notes

As mentioned in the descriptions above, I see two main themes running throughout your chart: discovering and embracing who you are, as well as facing and healing your fear of change (or the unknown).

Some of the archetypes within your chart have special relationships to one another. One of these relationships is what we call 'oppositions' and involves the axis that bonds two archetypes/houses that are directly across from one another. Depending on a person's chart, some oppositions are worth noting.

In your chart, the 1st/7th house opposition (Victim, Saboteur) is definitely worth noting. Here we can see that as you claim your power and release the shadow traits of the Victim, you will simultaneously and naturally empower the Saboteur. The reverse is also true. This is a very powerful relationship and you can feel gratitude that you have two survival archetypes who are willing to make things a little easier on you. As you heal one, so you heal the other.

Your 2nd/8th house opposition (Eternal Child, Prostitute) is also worth noting. Again, you have two survival archetypes willing to help you and one another heal. With these two in opposition, ask yourself: "Am I willing to give up my dependence on \_\_\_\_\_ (fill in the blank) in order to move through transformation?"

Your 4th/10th house opposition (Visionary/Athlete) is worth noting because it brings you the truth: "You have seen your highest potential, you have envisioned it. Now go get it." Likewise, as you practice honoring your body, your skills as a Visionary will grow.

Your 6th/12th house opposition (Martyr/Communicator) is worth noting because this is where we find that the work we must do in the 6th house gets your soul to where it needs to be. It is likely that, through the work of getting to know, love and defend yourself, you will have a very important message of healing to share with the world.